



London Minor Football 2021 indoor Flag Football at Centrefield Sports

Flag football is a fun way to stay active and improve your football skills as we anticipate tackle football's return later in 2021.

Friday nights from January 15, 2021 to March 12, 2021 - 6:30pm to 8pm

This is a drop off program, no spectators will be allowed.

Players born in 2007 or later (ages 14 and under as of 2021)

Flags will be provided, wear indoor gym clothes and your face covering.

Registration is \$149 for 2020 LMFA fall players or \$199 for new players

Each night will include a warm up period and 2 flag football games.

A 30 minute half field game (4 teams) and a 30 minute full field game (2 teams)

Teams may be adjusted each week to ensure even numbers

**To sign up, contact London Minor Football via email at lmfasignup@gmail.com
or via phone 519-852-4465.**

Full details at www.lmfafotball.ca

Registration is first come, first serve as of December 13th.

Only 22 players can be accepted to play this winter.

SAFETY NOTICE:

We will be following all government regulations for indoor sports and indoor gatherings in partnership with Centrefield Sports. Safety measures include no spectators, screening all players each week, hand washing before and after playing, masks for coaches at all times, and face covering for players when not on the field playing (entering the building, waiting on the bench etc.)